



“INVESTING IN YOUR TEMPLE”

What: A safe and effective workout with a class format including the use of Christian/Gospel music, a short devotional and prayer time.

When: Every Monday @ 6:00 p.m.

Where: Eustis Community Center,
Lake view room

Cost: \$2.00 per class

The mission of FFTS is to motivate and inspire Christians to be good stewards of their physical bodies through practical means, to enhance Christian fellowship and to provide a gateway through which unbelievers in the community can experience Christ in a real and non-traditional way.

Please call for an appointment to discuss how the program can benefit your church or organizations in-reach and out-reach ministry.

352-551-3344