

# Improve your back yard

## METRO SERVICE

Springtime means reconnecting with yourself and your surroundings. It is the season for lying back and creating a plan for bringing stress down and increasing your ability to relax starting with the great outdoors. your back yard.

The number one connection to comfort when beginning in the outdoors is a hammock. This item has been created with the sole purpose of providing comfort. But, a hammock is just a start. From there, many other connections to comfort come into play including scent, touch, motion, as well as personal and natural comforts.

### Comforting use

Choose a hammock that can provide not only unlimited comfort, but also long lasting life in the outdoors. "Hammocks today are crafted of various types of materials that are durable in the outdoors as well as decora-



Metro photo

Reconnecting made easy in a hammock from Pawleys Island Hammocks.

tive with soothing colors and coordinating accessories such as pillows for even greater comfort," states Laurie Rudd, creative director for The HammockSource, manufacturer of Hatteras Hammocks and The Original Pawleys Island Rope Hammocks. Whether it be

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